

**Procedure Name:** VHSD – Instructions For 24-HOUR Urine Collection  
**Originating Department:** Virtus – Diagnostics -Hurstville Laboratories

**INSTRUCTIONS FOR 24 – HOUR URINE COLLECTION**

This test involves the collection of all urine (water) passed by you during a 24-hour period. You may begin at any time suitable to you (not Friday) but you must be able to complete the collection **exactly 24 hours later**.

- 1<sup>st</sup> urine of the morning pass into the toilet at (time) \_\_\_\_\_, (date) \_\_\_\_\_.
- From NOW collect every drop of urine you pass day and night and pour into the container supplied.
- The next day (date) \_\_\_\_\_ at exactly the same time as above (time) \_\_\_\_\_ pass urine and pour into container. This completes the test.
- The container should be kept in the refridgerator or in a cool place during the test.
- Bring the container to the collecting centre as soon as possible after finishing the test.

If you have any questions please phone our Hurstville Laboratory on 95702211

THANK YOU FOR YOUR CO-OPERATION

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