

Procedure Name: VHSD – Patient Instructions – 50g Glucose Tolerance Test
Originating Department: Virtus – Diagnostics – Hurstville Laboratory

PATIENT INSTRUCTION SHEET FOR THE COLLECTION OF GESTATIONAL SCREENING GLUCOSE LOAD (G50) TEST

1. Requirements to stay in room. Give 50 g load unless otherwise specified.
2. At a time convenient to you, drink the entire contents of the bottle over a 5-10 minute period.
3. You **must** stay in the Collection Centre for **50 minutes after completion of the drink** to have your blood collected.
4. **Please note: Blood must be collected exactly 60 minutes after completion of drink.**
5. Fasting overnight is **not** necessary.

THANK YOU FOR YOUR CO-OPERATION
