

Procedure Name: VHSD - Patient Instructions – Collection of Faeces M.C.S. and Occult Blood.

Originating Department: Virtus – Diagnostics – Hurstville Laboratory

PATIENT INSTRUCTION SHEET FOR THE COLLECTION OF FAECES M.C.S AND OCCULT BLOOD.

NOTE: It is preferable to collect specimen and deliver to Collection Centre or Doctor's surgery on the same day. DO NOT KEEP OVERNIGHT.

1. Line a clean ice cream bucket or large plastic container with aluminum foil or toilet paper.
2. Pass faeces into container. Using the scoop in the lid of the container, or wooden applicator, transfer some faeces into brown-topped faeces container.
3. If watery diarrhoea pass into clean unlined container and then pour into faeces container.
4. Label container with Name/Date of Birth/Date of Collection/Collection Time and take to Collection Centre or Doctor's surgery as soon as possible.
5. For Faecal MCS Collection – Usually 1 faeces specimen is required for both culture and parasite examination.
6. For Occult Blood collection – The test should be carried out on three (3) separate specimens collected over three (3) separate days. Each specimen should be submitted to the laboratory on the day of collection. No diets are required.

THANK YOU FOR YOUR CO-OPERATION
