

Procedure Name: VHSD Patient Instructions – Collection of M.S.U (Mid-stream urine)
Originating Department: Virtus – Diagnostics – Hurstville Laboratory

PATIENT INSTRUCTION SHEET FOR THE COLLECTION OF M.S.U (MID STREAM URINE)

1. Ensure you have a STERILE container.
2. Wash your hands
3. Hold the jar on the side to avoid contamination of the inside of the jar or the lid.
4. Pass a small amount of urine into the toilet and then stop the flow. Pass the next stream (midstream) directly into the container.
5. Fill the jar approximately half full. Pass any additional urine into the toilet.
6. Screw the lid firmly onto the jar and avoid cross threading.
7. Return the sample to the Collection Centre as soon as possible. If any delay occurs, refrigerate the specimen until it can be taken to the Collection Centre.

THANK YOU FOR YOUR CO-OPERATION
