

Procedure Name: VHSD – Patient Instructions – Collection of Seminal Fluid Specimens
Originating Department: Virtus – Diagnostics – Hurstville Laboratory

PATIENT INSTRUCTION SHEET FOR THE COLLECTION OF SEMINAL FLUID SPECIMENS

- 1 Collect a special container from the laboratory or closest collection room.

This container must be labelled with:

- Your Name
- Date of Birth
- Date of Collection
- Time of Collection

- 2 Have a normal fluid intake for five (5) days prior to the test but do not partake of any alcohol.
- 3 Abstain from intercourse for a minimum of 2 days and a maximum of 7 days.
- 4 Do not collect the specimen on Sunday.
- 5 The COMPLETE sample should be collected by masturbation into the container. Do not use a condom.
- 6 Any loss of semen sample during collection e.g.
 - loss of the initial portion (semen rich fraction)MUST be reported on the request form.
- 7 Keep the specimen at room temperature.
Keep warm. Do not refrigerate.
8. Deliver the specimen to the Hurstville laboratory within two (2) hours from the time of collection.

THANK YOU FOR YOUR CO-OPERATION
