

Procedure Name: VHSD –Urine Catecholamine's/5HIAA
Originating Department: Virtus – Diagnostics – Hurstville Laboratory

PATIENT INSTRUCTION SHEET FOR THE COLLECTION OF URINE CATECHOLAMINES/5HIAA

1. For five days before and during the collection, the patient must be on a restricted diet.

2. Foods to Avoid:

- Bananas
- Pineapple
- Nuts
- Tea / Coffee
- Chocolate
- Aldomet (medications)
- Cheese
- Citrus fruit
- Plums
- Broad beans

3. The patient should also cease all medication if possible.

THANKS FOR YOUR COOPERATION
