

Procedure Name: VHSD – Patients Instructions – Urinary Microalbumin
Originating Department: Virtus – Diagnostics – Hurstville Laboratory

PATIENT INSTRUCTION SHEET FOR THE COLLECTION OF TIMED URINARY MICROALBUMIN

- 1 Collect a special container from the closest Virtus Diagnostic Collection Room. This container should be labelled with your name.
- 2 This test involves the collection of all urine (water) passed by you during a 24 hour period.
- 3 The commencement time should be at the start of the day. Pass the 1st urine into the toilet and then collect all further urine into the container until the next morning, including the 1st urine of that day.
- 4 All urine throughout the day and any passed throughout the night must go into the container.
- 5 Return the container to the nearest Independent Diagnostic Services Collection Centre on the morning of completion.

THANK YOU FOR YOUR CO-OPERATION
